



Properties and Functions of the Harmony Ring

The Design's Intention

The Harmony Ring is designed to help you access and build a life where their instincts, talents and the needs of the world point you to your true purpose and vocation. Intention is the energetic dynamic that is behind all manifestation. Clearly knowing your **intention** (what you want to do), your **purpose** (why you want to do it; and who benefits from your intention), and your **direction** (the steps you'll take to accomplish what you want) is the key to bringing your heart, mind, and spirit into perfect "three-part harmony". This is true whether it be for a moment, a project, or a lifetime. Intention-Purpose-Direction (IPD)

When you feel discord and out of sorts, it is a cosmic reminder that your "three-part harmony" is out of tune. Discord signals that it's time to step back, take a deep breath, and explore ways to bring yourself back into the natural harmony your heart-mind-soul were designed to express. Often when a person feels "stuck" or "blocked" it is usually due to a belief system or behavior pattern that is contrary to what he/she is longing to do. The belief systems and behavior patterns are things you learned or needed for survival in another phase of your life that may no longer be relevant to your current phase and purpose. It often takes a release of the old to make room for the new to come into your life.

The state of a person's life, relationships, projects, or environments reflects the universal law of Divine Balance. When working with the energetic dynamics of Intention, those things that will prevent or are preventing divinely balanced manifestation of your intention will show up right away. This is to give you the opportunity to release the (old) thing (i.e., attitude, belief systems, behavior pattern, etc.) so your Intention can move into form as close to a state of Divine Balance as possible. See the obstacles and challenges that arise as clues about what is out of balance and identify ways to either release the imbalance or move that which is blocking you to move you and your creations closer to a state of divine balance¹.

The Design's Properties

The Harmony Ring contains five key properties that help you strengthen and clarify your intentions, attitude and creations as they align with your life's work. Behind all resonance² is intention. Intention is the act that sets the energetic architectural design of a specific vibrational pattern and resonance. Intention is the dynamic that begins all form. No form is created without the dynamics of intention. Intention is THE root and THE core essence of all form. Intention by itself creates an unstable, uneven dynamic. Intention, when used with the related dynamics of Purpose and Direction creates stability needed when bringing intention into form. Learning to work with the stable Intention-Purpose-Direction triad is one of the basic building blocks needed to master the dynamics of resonance. Mastering the ability of creating-maintaining-changing resonance is ultimately required to bring a state of divine balance to that which you create. Taking the first step of setting Intention-Purpose-Direction will trigger events and interactions that will present opportunities for you to learn about the interplay of Intention-Purpose-Direction with other vibrational dynamics such as the energetic triad of expansion-contraction-timing.³ The purpose of working with the dynamics of Intention-Purpose-Direction is to help you fully (not just intellectually) understand and experience what moves you closer to or further from your innate state of divine balance in alignment with your current life phase and purpose.

Property-1:

Property-1 has four functions. It brings strong, integrated balance between your heart-mind-soul in what you create, what you manifest.

Functions:

- a. Strengthens your clarity of thought and action in taking your vision(s) through to physical form. Brings missing elements (weak links) into your thoughts and action patterns for more conscious consideration and creates the opportunity for you to release, replace, and/or strengthen the balance of them.
- b. Moves you further into the Aquarian dynamics. As you gain/absorb/become/have more integrated heart-mind-soul balance, you'll begin to see examples of heart-mind-soul balance (and imbalance) around you in thought, action and in form. This will stir in you a deep-seated longing for heart-mind-soul balance and strong desire to take action to help correct the imbalances. This will unleash a cascade of innovation and changes within you.
- c. Stirs/awakens a deep longing for fuller, more balanced relationships that have/are built on integrated balance of heart-mind-soul connections in work, play, relationships, and alignment of "like mind-heart-soul" collaborators.
- d. Stirs/awakens a deep longing for your physical and energetic environments to be arranged such that your environment encourages and supports the heart-mind-soul balance of whom ever comes into it or moves through it.

¹ For further information about understanding the dynamics of divine balance, see Properties & Functions for the Mustard Seed Globe and the Tune-Up Charm.

² For more information about working with the dynamics of resonance, see Properties & Functions for the Evolution Charm.

³ For more information about working with the dynamics of expansion-contraction-timing, see Properties & Functions for the Tune-Up Charm.

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Property -2:

Property-2 has four functions that improves your ability to build a strong foundation that supports alignment of your Intentions with your life's authentic purpose. It helps you create/manifest that which brings you joy and divine balance.⁴

Functions:

- a. This function helps you objectively gage the level you're operating at related to your ability to create and manifest. This function also helps you clearly identify what blocks you need to address. To what degree is the result different than what you envisioned and expected? Does what you create bring you joy? Was/Is bringing this creation into form a joyful process?
- b. Helps you stay focused, aligned, and progressive in bringing your intentions and purpose to life. Does what you're intending to manifest during your current phase of life fill you with a deep sense that "this is exactly what you are meant to do"?
- c. This function enhances your ability to build, cultivate, nourish, and integrate new attitudes and relationships with freshness, unencumbered from judgment. It will help you see how what you've built or what you're building towards brings you (and that which you're creating) moves you closer to or further from a state of divine balance. With this insight you'll be able to understand what next steps you need to take. This is where using the dynamics of the Direction part of the IPD triad is key.
- d. Helps you instinctively understand what steps to take to clear/release/move through blocks and how to do it (i.e., what tools and resources to use; what steps to take).

Property -3:

Property-3 has three functions. It improves your ability to discern the energetic dynamics of intention and purpose driving all form and action, both your own and that of others. This shifts the context by which you interpret all action and form to one of seeing all action and form as something that moves the person, relationship, or form closer to or further from a state of divine balance.

Functions:

- a. This function helps you instinctively recognize if the intention driving an action or form is aligned (or not) with the Aquarian dynamics, whether the intention yours or others.
- b. This function helps you see the energetic dynamics of your intention as being something that will bring you closer to or further from your state of divine balance per your current life phase and purpose.
- c. This function helps you see the energetic dynamics of another's intention as being something that will bring you closer to or further from your state of divine balance per your current life phase. This function helps you see and learn how to align to others with the dynamics of like-intentions. This is one of the beginning steps of learning about the dynamics behind creating-maintaining, changing the state of resonance of relationships, group, or larger social structure. Who influences you? Are both of your intentions complimentary and mutually supportive? Does the other person's intention override your intentions?

Property-4:

Property-4 has two functions. It anchors a strong sense of what your place and contribution are in the larger world. It answers the question "Why am I here?" It helps you realistically assess how what you want to do (i.e., set intention for) is within your power, ability, commitment and resources to actually do. By helping anchor the dynamics of intention as a deeper root in what actions are taken, it helps bring sanity to those who feel "frazzled."

Functions:

- a) Know what route will bring out your very best attitudes and talents, and what actions will give you a way to offer your contributions with joy and excitement.
- b) Know what attitude(s) and behavior(s) will create the ideal "fertilizer" to give joy and integrity to your creations and contributions.

⁴ See glossary terms Divine Balance, expansion, contraction, and timing.

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Property-5:

Property-5 has three functions. It helps you infuse divine harmony and joy-full reverence with all your intentions. This holds true, no matter what your intention relates to, be it related to your profession, lifestyle, relationships, attitudes, behavior patterns, belief systems, or lunch!

Functions:

- a. Helps you start with the premise that you were born to fill a certain destiny, and to identify the state (qualities) of your authentic balance, power, and your state of readiness and abilities required to fulfill that destiny.
- b. Helps you play with (open up to) many possible scenarios that can bring harmony, balance, and joy-full reverence to your intentions.
- c. Helps you access that which brings you joy and makes your heart sing.

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